#### MOUNTAIN HOME PUBLIC SCHOOLS

Superintendent Update: January 23, 2015

Quote for the week: "An individual has not started living until he can rise above the narrow confines of his individualistic concerns to the broader concerns of all humanity."—Martin Luther King

### Service to Others by Robert M. Sherfield, Ph.D.

When you give to another person, you are, in essence, admitting that you have an understanding of the grand scheme of human kindness. You are living on a level beyond selfishness, beyond greed, beyond your personal needs. You are living in your higher self.

According to educator, writer, and speaker Leo Buscaglia, "You want to be the most educated, the most brilliant, the most exciting, the most versatile, the most creative individual in the world, because then you can give it away; and the only reason you have anything, is to give it away."

Service to others is about giving something that no other human on earth could possibly give — you! It is about finding what is rare and divine in your soul that you would like to share with the world. Service to others is about digging deep into the caverns of your abilities, your talents, and your personality and finding the gift that you want to share with humanity.

"Everyone has the power for greatness, not for fame, because greatness is determined by service."

— Dr. Martin Luther King Jr

#### **Humanity and Empathy**

Humanity is associated with the word humane, which encompasses kindness, compassion, and mercy. Your self-esteem is tied directly to your humanity and how you treat other people. It has been written and spoken by religious leaders, philosophers, educators, therapists, and countless others that those who do not love and respect themselves cannot love or respect others.

Service and humanity begin with empathy. Empathy is when you put yourself in the lives of others. It is when you truly understand their pain, joy, fears, and actions on an internal level. Empathy at its highest level is when you are involved enough to know what other people need and how you can help them with their needs. To become a giving person, it will be important for you to cultivate your sense of empathy. Giving is most appreciated when you give what is truly needed, not what you think is needed. Understanding what is truly needed can come from learning to listen with an empathetic ear.

By learning to listen more carefully, you can begin to hear the needs of humanity. You can begin to understand more fully how your hands can be the hands that can change a human life.

#### **An Investment in Human History**

There is an old saying that goes, "Teachers touch the future. They never know where their influence ends." This is true not just for "formal" teachers in the school systems, but for you as well. As a person who gives of yourself, you never know where your influence ends, or if it ever does.

When you give of yourself, you can think of it as an investment in the future. You can look at it as leaving a piece of yourself with humanity. You can think of it as your living monument when you are gone. By giving to one person — just one other person — you could have a profound influence upon many future generations.

#### **Altruism and Giving**

Altruism and giving both deal with selflessness. Altruism means having a genuine concern, compassion, and kindness toward humanity, genuinely caring for the welfare of your fellow citizens.

Those who have deep altruistic qualities find ways to help their fellow citizens on any level; they do not need a formal outlet such as volunteering to be able to do so.

Altruism does not concern itself with reward, status, money, or power. Altruism is about doing good deeds and helping others simply for the sake of doing it. It comes from a total abandonment of ego and remuneration. It is rooted in a desire to move humanity forward.

By discovering your own altruistic goals and by serving others, you are, in essence, helping yourself. The more you give, the better you feel. Those who give to others live longer and healthier lives, and have a stronger immune system.

"Practicing the Law of Giving is actually very simple: if you want joy, give joy to others; if you want love, learn to give love; if you want attention and appreciation, learn to give attention and appreciation; if you want material affluence, help others to become materially affluent."

Deepak Chopra

You may say to yourself, "I'm just not a very altruistic person." This may be true, but altruism can be learned. It is innate in some people, but others have to work at it. One way to work at becoming more altruistic is to actually be more altruistic. By doing more altruistic work, you can become "hooked" and, in turn, continue to do and give more.

Study after study on altruism, giving, and volunteerism suggests that the people who are more involved in these activities report an increased quality of life for themselves. In giving, the gifts are returned tenfold.

If you have time, I would recommend to Google the *I Have a Dream* Speech from 1963 and listen to it. This was the week Martin Luther King, Jr.'s birthday was celebrated and the words from that speech still inspire many people. Millions thought about those words this week.

Have a great week!

Lonnie

VOLUME 1, ISSUE 19

JANUARY 23, 2015



MOUNTAIN HOME PUBLIC SCHOOLS

PARCC PARENT NIGHT

FEBRUARY 23, 2015 6:00 P.M. Dunbar Auditorium

Partnership for Assessment of Readiness for College and Careers

PARENTS AND STUDENTS ARE INVITED TO ATTEND THIS INFORMATIVE SESSION FOR AN OVERVIEW OF NEW STATE ASSESSMENTS.

SAMPLES OF STUDENT TEST ITEMS WILL BE PROVIDED.

DUNBAR AUDITORIUM FEBRUARY 23, 2015 6:00 P.M.

### Pinkston Middle School



Week ending 1.23.15



Art by Alexis M. 7th



Claudia C. 7th



Grace B. 7th



Congratulations to Shelby Kelly and Lauren Helmert! Pinkston Middle School student, Lauren Helmert placed 2<sup>nd</sup> place and state alternate in the Elks Free Throw Competition for 12-13 year olds. Eighth grader, Shelby Kelly, shut out Lauren by two points 1st place and an opportunity to continue competing at the state level.

### Science Classes study body systems through dissection.



# Pinkston Middle School 7th grader, Clayton Qualls, has landed a position on a national ATV competition team.

Clayton Qualls #11 races Atv motocross. Clayton was recently offered a spot on a professional ATV motocross team. He signed a contract with Wienen Motorsports. Chad Wienen is a three time pro circuit ATV champion. Clayton will be representing Wienen Motorsports and Mtn. Home this year during his first year in professional ATV motocross.





Pinkston Middle School @Pinkstonmiddle

**EAST at Pinkston @AdunavanEast** 

7<sup>th</sup> Grade Promise @deniselauerman

**DARE @campfield10** 

Pinkston Media Center @pmslibrary12

### **Upcoming Pinkston Middle School Events**

Feb. 5 – Progress Reports for 3<sup>rd</sup> Quarter

Feb. 15 – EAST candy-gram Fundraiser for EAST conference 2015 ☺

Feb. 16 – Teacher In-Service/No School for Students

Feb. 19 – School Board Meeting 6:00 PM



# Y.E.S. FOR ARKANSAS

A PROJECT OF THE ARKANSAS ECONOMIC ACCELERATION FOUNDATION

AN AFFILIATE OF THE ARKANSAS CAPITAL CORPORATION GROUP



Pinkston Middle School had three teams that qualified to compete at the state level of Y.E.S 2015. ETHAN WINS TWO CATEGORIES! GREAT JOB







JUDGE WITH A SMILE!

WAY TO GO FINALIST!

2015 Youth Entrepreneur Showcase (Y.E.S.)

EMILY AND BRIA WIN

TWO AWARDS AND

WOW THE CROWD



Ethan Johnson - Magnetic Imagination - First Place for "Best Business Plan" & First Place for "Most Innovative Product"

Lauren Dewey – Head Drama – 2015 Y.E.S. Finalist

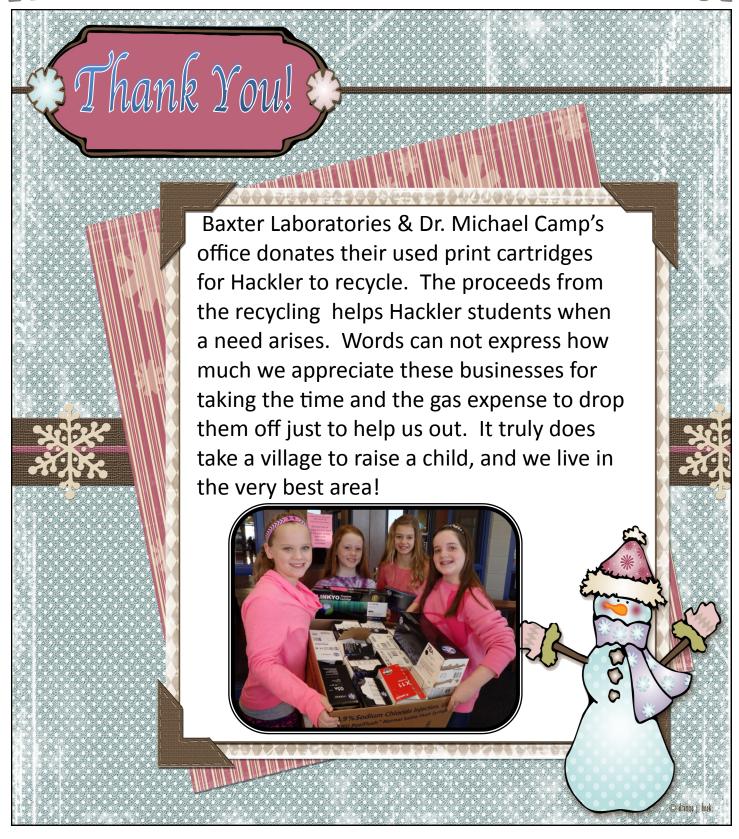
Emily DeAtley and Bria DiGiandomenico – Stick-O-Butter – Third Place for "Best Retail Booth" & Fourth Place for "Most Innovative Product"

Student Y.E.S. sponsor for Pinkston Middle School is Mrs. Kristi Nelson, Gifted and Talented Teacher

2015 Youth Entrepreneur Showcase (Y.E.S.)



# Hackler Intermediate School



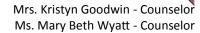


### Hackler Intermediate School Newsletter

965 West Road, Mtn. Home, AR 72653 ~ Phone 425-1288 / Fax 425-1290

Principal: Sondra Monger

Mrs. Cassy Barnhill, Assistant Principal Mr. Kevin Roach, Assistant Principal





### **Around Our School**

**January 22, 2015** 

- We will have tutoring on January 26th and 28th.
- Remember to pre-order your yearbook. Orders may be placed online until February 27, 2015 at www.inter-state.com/yearbook and the code is 754783. Yearbooks will be handed out in May before school is out for the summer.
- Progress reports go home on February 5, 2015.
- If you have not returned the inclement weather form to your child's teacher, please do so as soon as possible.
- Lunch charges should be paid as soon as possible. If you have any questions concerning charges or a payment plan call Mrs. Braunagel at 425-1225.
- Parents/Guardians please see the information on the back of the newsletter concerning the new PARCC testing. This test will take the place of Benchmark testing. We will try to feature information about PARCC testing each week to help you as parents prepare your child for the new testing format.

### **NOTES FROM NURSE WENDY**

### **Encourage good hand hygiene:**

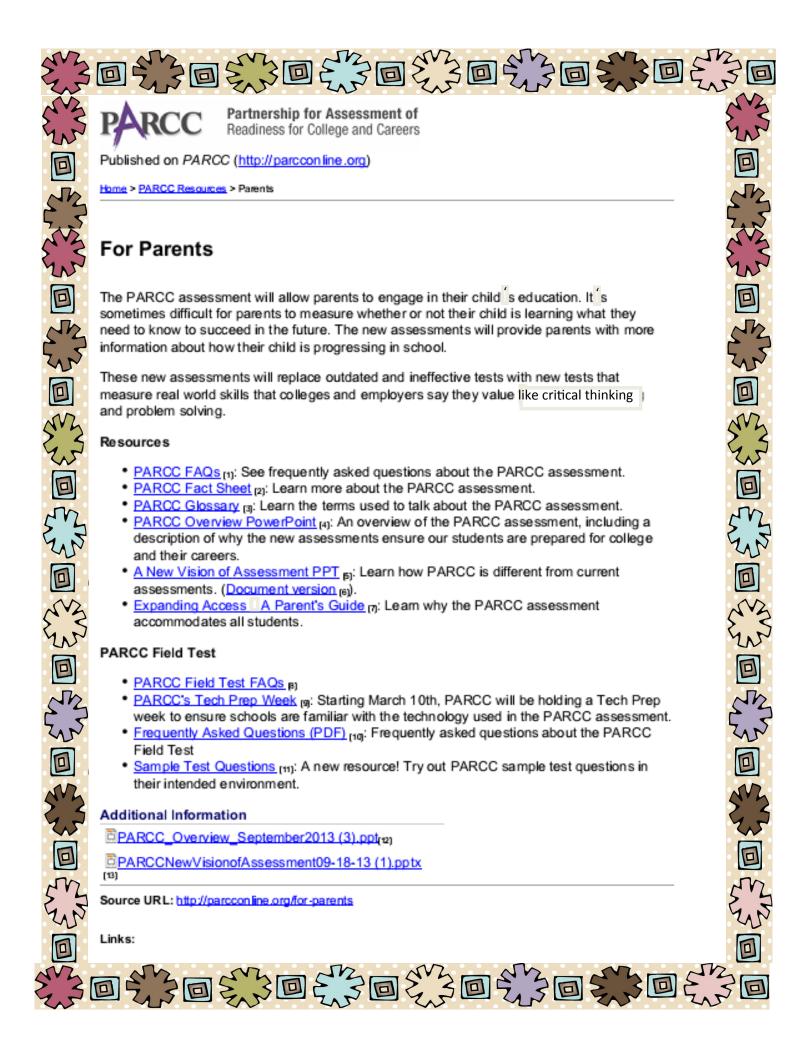
To give kids an idea of how long it should take to thoroughly wash their hands, teach them to sing Happy Birthday or their ABCs twice while scrubbing. (Incidentally, the same singing idea applies for teeth brushing, although it's much harder to sing with a toothbrush in your mouth.)

## Share the Love" food drive coming in Februar More details coming soon!



### **Community Opportunities**

- L.C. Sammons Youth Center will be taking registrations for the Recreational Youth Basketball League until January 28th, 2015. Registration forms are available on the web at www.mountain homeparksandrec.com. For more information, call the L.C. Sammons youth center at 424-7275.
- Doug Huskey Benefit: Smoked Pork Butts \$35 each. Pre-order and Pre-Pay by Sunday, January 25, 2015. Order forms are available at Brad's Home Entertainment, or email brad@bradstv,com or call 492-0700 / 404-9206. Pick up is at Lone Rock Baptist Church or Ozark Eye Center in Mountain Home.



# MOUNTAIN HOME KINDERGARTEN UPDATE January 23, 2015

# School is about Learning



Students on one side of the tape are stepping out the sounds (below) while the students on the other side of the tape are guessing what the word is.





Making phonetic connections helps us to become confident readers.

# Friendship



Sometimes school is about learning new things to pack into our brain. Sometimes it's about learning to be a good friend



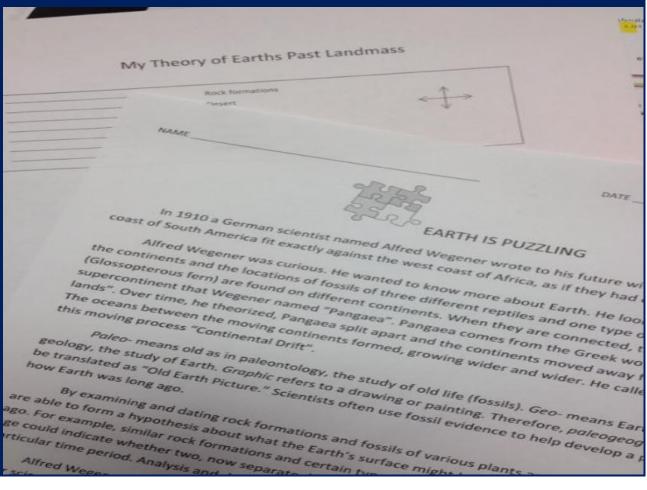
# Mountain Home Junior High

SAFE held a dodgeball tournament at Mountain
Home Junior High before Christmas break. They sold
tickets for students to wear hats and use their
phones. They also sold concessions during the
tournament. SAFE raised \$1,100 for The Hayden
Padgett Safe in HIS Arms Foundation.



# Earth is a Puzzling Laboratory!

Mrs. Beaver's Pre-AP students conducted a lab creating puzzles, as they learned about the following scientists and theories: Alfred Wegener, Harry Hess, and Plate Tectonics. Students were able to discuss indirect evidence and "putting the pieces together" to form a hypothesis about what Earth looked like millions of years ago. They timed themselves putting the puzzle together face down and then again with a puzzle upright.









Students incorporate math into their curriculum as they measure to determine distances for Fitness Testing in Josh Fulcher's Physical Education class.

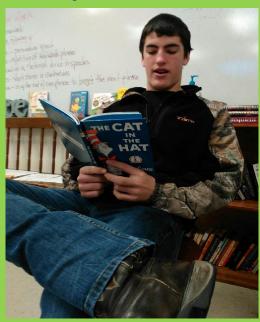


## **GO TECHIES!**

CAII students in Shelli Jones' class are reviewing CAI content for Mastery Level achievement. (80% = Proficient).



Oral Presentations come in various forms. Mrs. Hickey's speech students practiced being elementary teachers as they read children's books to their peers.



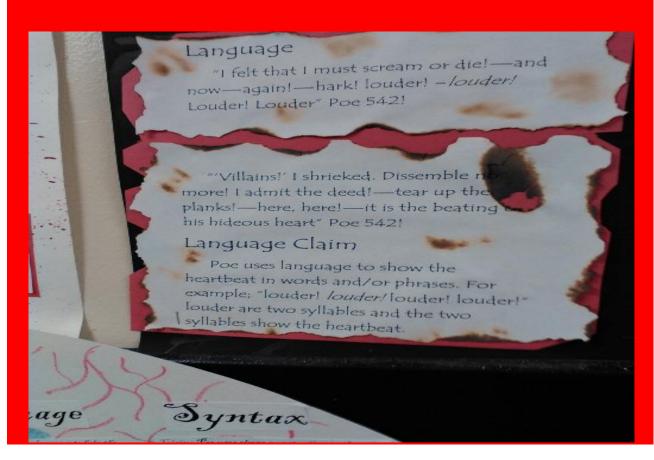




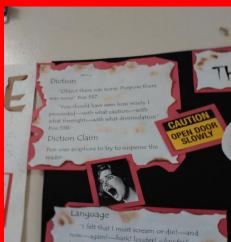


Mrs. Hickey's Pre-AP 8<sup>th</sup> graders analyzed Poe's diction, imagery, details, language, and syntax in "The Tell-Tale Heart" and presented their findings. Hickey's class has been invited to present their findings to Mrs. Kemp's high school English class.

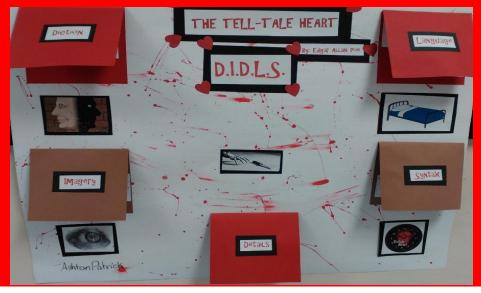












Monday	01/26/15	Bowling vs. Norfork (Home) 3:30 Basketball vs. Bergman (Away) 5:00 7Girls, 7Boys, 9Girls, 9Boys
Tuesday	01/27/15	Basketball vs. Searcy (Away) 5:00 HSJVGirls, HSJVBoys, HSVGirls, HSVBoys
Wednesday	01/28/15	
Thursday	01/29/15	Wrestling vs. Catholic/Cabot @ Catholic TBA Basketball vs. Harrison (Away) 4:00 7,8,9 Boys Basketball vs. Harrison (Home) 4:00 7,8,9 Girls
Friday	01/30/15	Basketball vs. West Memphis (Home) 5:00 HSJVGirls, HSJVBoys, HSVGirls, HSVBoys "Sweetheart" festivities will be held in between varsity games.
Saturday	01/31/15	Swim @ UALR Hosted by North Little Rock 1:00

Go Bombers!!!



# Nelson-Wilks-Herron Newsletter



Leah Cotter, Principal

Monday January 19, 2015

Rita Persons, Asst. Principal

# Box Tops for Education

We recently received a Box Top check in the amount of \$1,404.90. (So as you can see, those little Box Tops do add up!) collection sheet is coming home with your student today. Go on a Box

A Box Top collection sheet is coming home with your student today. Go on a Box Top hunt for Box Tops in your house and see how many you can find. Attach them to the Box Tops sheet and return it to your child's teacher.

### We are seeing STARS!

Our special area teachers of Computer, Enrichment, Library, Music, P.E., and Art, are excited to congratulate our winning classes for the best behavior. Star classes are:

#### **November Star Classes**

Mrs. Tiffany Stone's class, 1st grade and Mrs. Mary Ellen Kressin's, 2nd grade

#### **December Star Classes**

Mrs. Rita Williams' class and 2nd grade (3 way tie ) with Mrs. Melissa Corp's class, Mrs. Mary Ellen Kressin's class, and Mrs. Twila Volkman's class

Way to go STAR students! We appreciate you!



PLEASE SEE BACK ALSO!

### **Important Dates**

Feb. 16th	Teacher In-service (No school for students
	Deadline To Order Yearbooks
	Early Dismissal 2:00
	Parent/Teacher Conferences 2:00-8:00

### **LUNCH TIMES**

#### 1ST GRADE:

Teegarden, M. Williams, Goings, Rosa, Arki (10:50-11:20 a.m.) Hollingsworth, Pierce, Seawright, Davis, R. Williams (11:00-11:30 a.m.) T. Stone, King, Baker, Oxford, Roberson (11:10-11:40 a.m.)

### 2<sup>nd</sup> GRADE:

Bell, Barnes, Hoffmann, Kidd (11:50 a.m.-12:20 p.m.) Hardin, R. Stone, Bentley, Volkman, Wedgeworth (12:00 p.m.-12:30 p.m.) McCord, Corp, Nunley, Kressin, Edwards (12:10-12:40 p.m.)

Harris (11:05-11:35 a.m.) Grabowski (11:08-11:38 a.m.)

Classes are in the lunchroom by the start times above. Therefore, if you are dropping a lunch off to your child or coming to eat lunch with them, please make sure you drop off lunches or arrive PRIOR TO THE ABOVE LUNCH TIMES. Please allow an additional 5-10 minutes for us to get your child's lunch to them or for you to check-in. (Students who do not have a lunch by the above lunch time, may be given a tray.) We want to make sure every child gets a lunch. Thank you for your cooperation!

### Car Riders Reminder:

Car line is over at 3:30 p.m. and all car riders MUST be picked-up by **no later** than 3:45 p.m.

### **Information Update**

Have you moved? Has your phone number changed? If so, please send us your updated information *in writing* so we can keep our student records updated. (It is very important to have updated phone numbers on file in case of an emergency.)

### **LOST & FOUND**

Parents and students please check the Lost and Found, located in the in the NWH cafeteria. There are lots of coats and several pairs of glasses unclaimed.

